

April 2011

THE TFHC PATHWAY

Each player that joins the TFHC will enjoy the sport of field hockey by learning how to play and compete in a Supportive, Respectful, Learning Environment.

The first stage for all players is called **Learn Skills & Tactics**. The second stage is **Learn to Compete** which is further refined as *Recreational* and *Competitive*.

The *Recreational* athlete will continue to improve their skills and learn how to play field hockey in TFHC house leagues and in club leagues and tournaments against other recreational level teams.

The *Competitive* athlete will continue to improve their skills and play in club leagues and tournaments against other competitive clubs in Ontario and beyond. Some *Competitive* athletes may continue in a pathway to become provincial and national team athletes.

Recreational and *Competitive* players can also **Learn to Teach** which involves learning how to coach and/or umpire and they will choose to coach or umpire at either the *Recreational* and/or *Competitive* levels. Everyone will begin to coach and/or umpire at the recreational level whereas *Competitive* level coaches and umpires can join a pathway that moves them from the competitive club level to provincial and national levels.

Coaches will develop by first understanding **Learn Skills & Tactics** and will first coach at this level. Coaches will then progress to the **Learn to Compete** stage. Umpires will go through a similar progression.

Learn to Organize is also something available to everyone who plays field hockey. Planning and implementing playing opportunities, social events and administering the club are organizing activities. **Learn to Organize** is not just for adults but junior players as well.

A player will choose through their time at the TFHC to pursue field hockey solely as a *Recreational* activity or choose to be involved in the *Competitive* part of field hockey for some period in their life with the expectation they will always do field hockey as their sport for life. Throughout their lifetime from youth to a senior citizen athlete, a player may play, coach, umpire or help organize the playing of field hockey.